



## MENU – week commencing 14<sup>th</sup> July

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti Bolognese	Cheesy wholemeal pizza with vegetable sticks	Roast Gammon with roast potatoes and vegetables	Pasta with a choice of toppings	Jacket potato
Vegetarian Option	Lentil and mixed vegetable Bolognese		Vegetable sausage with roast potatoes and vegetables		
Dessert	Fruit Smoothie	Jelly	Mixed flavoured yoghurts	Fruit	Homemade biscuits
Free From Option If Needed	Free From Spaghetti Bolognese	Gluten and dairy free pizza		Free from pasta shapes and dairy free cheese	
Free From Dessert If Needed			Fruit smoothie		Traybake
	<p>All meals will contain or be served with at least two portion of vegetables. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				