## DISHES AND THEIR ALLERGEN CONTENT - Homemade@Haddenham St Mary's MAIN DISHES Autumn 2

All free from menu options are free from gluten and dairy products - for further information please email homemade@haddenham-st-marys.bucks.sch.uk Milk Celery Crustaceans **Peanuts** Sulphur Cereals **Eggs** Fish Lupin Milk Mollusc Mustard Nuts Sesame Soya containing Dioxide seeds gluten MAINS: Mild chicken curry Spaghetti Bolognese Cheesy pizza Lentil Bolognese Falafel and spinach burger Lasagne Cauliflower & broccoli cheese Garlic bread Meatballs Pork sausages

Sausage roll		<b>√</b>			✓			<b>✓</b>	<b>✓</b>
Vegan sausage roll		✓			✓			<b>✓</b>	
vegetables meatballs									
Vegetable fingers		✓							
Vegetable sausage	<b>✓</b>	✓							
ROAST:									
Beef									
Gammon									<b>✓</b>
Pork chipolatas		✓							<b>✓</b>
Vegetable roast		✓	<b>✓</b>						
FISH:									
Cod fillet		<b>✓</b>		<b>✓</b>		1			

Salmon fishcake	1		1					
Fishcake	<b>✓</b>		1	✓	1			
Fishfinger			1					
STARCHY FOODS:								
Pasta	<b>✓</b>							
Rice								
Chips								
Rosti								
Herby diced potatoes	<b>✓</b>							
Roast potatoes	<b>✓</b>							
Mashed potatoes				<b>✓</b>				
Potato wedges								
SAUCES:								
Butter chicken sauce				<b>✓</b>				
		1			 1			

Tomato and basil							

Review date: 22/10/25

Reviewed by: K.Caesar-Gordon / L.Smith



You can find this template, including more information at www.food.gov.uk/allergy