

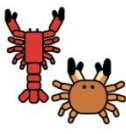
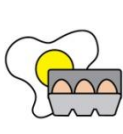
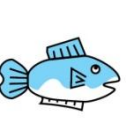
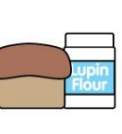


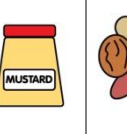
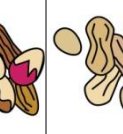

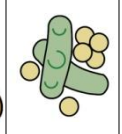



DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary’s MAIN DISHES Summer 1

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MAINS:														
Burger pasta bake		✓					✓							
Cauliflower cheese		✓					✓							
Cheesy pizza		✓					✓							
Chicken goujons		✓												
Sweet & sour														
meatballs		✓												
Vegetable burger		✓												
Tuna pasta bake		✓			✓		✓							

Sweet potato bites		✓												
ROAST:														
Beef														
Gammon														✓
Pork chipolatas		✓												✓
Vegetable roast		✓		✓										
FISH:														
Cod fillet		✓			✓				✓					
Breaded fish		✓			✓									
Fishcake		✓			✓		✓		✓					

Fishfinger					✓									
STARCHY FOODS:														
Pasta		✓												
Rice														
Chips														
Rosti														
Herby diced potatoes		✓												
Roast potatoes		✓												
Mashed potatoes							✓							
Ridge cut crispers														
SAUCES:														
Sweet & sour									✓					
Tomato and basil														

Reviewed by: K.Caesar-Gordon / L.Smith



You can find this template, including more information at www.food.gov.uk/allergy